

## Developmental Milestones: Grooming Skills

Age	Developmental Dressing Skills/ Milestones
1 year	<ul style="list-style-type: none"> <li>• Allows wiping of nose.</li> <li>• Attempts to bring comb to hair.</li> </ul>
1 ½ years	<ul style="list-style-type: none"> <li>• Tries to blow nose.</li> <li>• Holds toothbrush.</li> <li>• Allows brushing of teeth.</li> </ul>
2 years	<ul style="list-style-type: none"> <li>• Wipes nose when asked.</li> <li>• Brushes hair.</li> <li>• Brushes teeth, but not well.</li> </ul>
2 ½ - 3 ½ years	<ul style="list-style-type: none"> <li>• Wipes nose without request</li> </ul>
4 ½ years	<ul style="list-style-type: none"> <li>• Brushes teeth well.</li> <li>• Prepares toothbrush.</li> </ul>
1 year	<ul style="list-style-type: none"> <li>• Allows wiping of nose.</li> <li>• Attempts to bring comb to hair.</li> </ul>
1 ½ years	<ul style="list-style-type: none"> <li>• Tries to blow nose.</li> <li>• Holds toothbrush.</li> <li>• Allows brushing of teeth.</li> </ul>